



# BRIEF INTRODUCTION TO PSYCHOLOGY

**Prof. Braj Bhushan**

Humanities and Social Sciences  
IITK

**INTENDED AUDIENCE :** Undergraduate students

**COURSE OUTLINE :**

This course will be helpful in understanding oneself, one's behaviour, and what lie beneath such behaviour. It will help you understand how we understand, feel, and act. Through this brief introduction to psychology we will cruise through some of the major psychological concepts and principles, primarily focusing on the perceptual processes, learning, memory and emotions.

**ABOUT INSTRUCTOR :**

Prof. Braj Bhushan is a professor of psychology at IIT Kanpur. His research interest lies in Cognitive Neuropsychology, Cognitive Factors in Design, Trauma Psychology. He has been awarded with many laurels some being "Our Common Future Fellowship (2010), Volkswagen Stiftung, Germany", "Abstract Award (2008), International Association for Suicide Prevention, 3rd Asia Pacific Regional Conference of IASP, Hong Kong", "In Search of Excellence' Award (2004), IAAP and NAOP-I", "Young Scientist Award (2002), Indian Science Congress Association", "B.H.U. Merit and Prize Award (1991), Banaras Hindu University".

**COURSE PLAN :**

Week 1 : Perception

Week 2 : Learning

Week 3 : Memory

Week 4 : Emotion