

Unit 6 - Week 5

Course outline

How to access the portal?

Week 1

Week 2

Week 3

Week 4

Week 5

Group Dynamics-1

Group Dynamics-2

Reducing Stage Fright- 1

Reducing Stage Fright - 2

Death by Power Point-1

Quiz : Assignment-5

Solution For Assignment 5

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Assignment-5

The due date for submitting this assignment has passed.
As per our records you have not submitted this assignment.

Due on 2019-09-04, 23:59 IST.

1) The acronym, 'SMART' stands for...?

1 point

- Specific, measurable, attainable, relevant, time-bound
 Solid, measurable, attainable, relevant, time-bound
 Solid, measurable, aggressive, relevant, time-bound
 Specific, measurable, aggressive, relevant, time-bound

No, the answer is incorrect.

Score: 0

Accepted Answers:

Specific, measurable, attainable, relevant, time-bound

2) Which of the following is NOT the characteristic of Group Dynamics?

1 point

- Trust and Openness
 Shared purpose
 Consensus in decision making
 Me-first approach

No, the answer is incorrect.

Score: 0

Accepted Answers:

Me-first approach

3) Which of the following can be called a formal group?

1 point

- Task group
 Functional group
 Command group
 All of the above

No, the answer is incorrect.

Score: 0

Accepted Answers:

All of the above

4) Dominating discussions or distracting group with unnecessary humor can be called-

1 point

- Blocking roles
 Aggressive roles
 Diverting roles
 Entertaining roles

No, the answer is incorrect.

Score: 0

Accepted Answers:

Blocking roles

5) When members of a group exert pressure upon one another to come to consensus in decision making, it is called-

1 point

- Digression
 Group Think
 Group oppression
 Group corruption

No, the answer is incorrect.

Score: 0

Accepted Answers:

Group Think

6) In which stage of Tuckman's theory of group development, the group decides how it will evaluate the progress?

1 point

- Forming
 Norming
 Storming
 Adjourning

No, the answer is incorrect.

Score: 0

Accepted Answers:

Norming

7) Which of the following are NOT the symptom of Performance Anxiety?

1 point

- Racing pulse and rapid breathing
 Speaking fluently and loudly
 Sweaty and cold hands
 Nausea and an uneasy feeling in stomach

No, the answer is incorrect.

Score: 0

Accepted Answers:

Speaking fluently and loudly

8) Which of the following can reduce stage fright?

1 point

- Hypnotherapy
 Alpha/Theta training
 Psychotherapy
 all of the above

No, the answer is incorrect.

Score: 0

Accepted Answers:

all of the above

9) Who introduced the term, Power Point?

1 point

- Angela R. Garber
 Robert Gaskin
 Herbert MacMaster
 Solomon and Brodsky

No, the answer is incorrect.

Score: 0

Accepted Answers:

Robert Gaskin

10) 'KISS'- rule stands for-

1 point

- Keep It Straight, Solid
 Keep It Simple, Stupid
 Keep it Straight, Strong
 Keep It Strong, Simple

No, the answer is incorrect.

Score: 0

Accepted Answers:

Keep It Simple, Stupid