

Lecture-20

Questions

1. Define Stress. Describe an Organizational Stress model with special emphasis on Organizational Role Stress.
2. What are the Stress outcomes? Describe the moderators of Stress. Explain with examples Stress prevention and management techniques.
3. What is Employee counseling? What are the types of counseling? What are the do's and don't's of counseling.
4. What are the ethical principles of Counseling and psychotherapy? What are the moral qualities required of a counselor- Describe with suitable examples.