



Elite

NPTEL ONLINE CERTIFICATION

(Funded by the MoE, Govt. of India)



Skill India
कौशल भारत - कुशल भारत



This certificate is awarded to

LAKSHYA SINHA

for successfully completing the course



Stress Management

with a consolidated score of **83** %

Online Assignments	25/25	Proctored Exam	57.81/75
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Total number of candidates certified in this course: **2480**

Jul-Aug 2025

(4 week course)

Prof. Haimanti Banerji
Coordinator, NPTEL
IIT Kharagpur



Indian Institute of Technology Kharagpur



Roll No: NPTEL25HS140S437300075

To verify the certificate



No. of credits recommended: 1 or 2