



Elite

# NPTEL ONLINE CERTIFICATION

(Funded by the MoE, Govt. of India)



**Skill India**  
कौशल भारत - कुशल भारत

This certificate is awarded to

**SHANTANU CHURAMANI**

for successfully completing the course

**Psychology Of Stress, Health And Well-Being**

with a consolidated score of **70** %

Online Assignments	25/25	Proctored Exam	45/75
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Total number of candidates certified in this course: **4823**

**Jan-Apr 2025**

**(12 week course)**



**Prof. T. V. Bharat**

Head, Centre for Educational Technology  
NPTEL Coordinator, IIT Guwahati



Indian Institute of Technology Guwahati



Roll No: NPTEL25HS68S342205359

To verify the certificate



No. of credits recommended: 3 or 4