



Elite

NPTEL ONLINE CERTIFICATION

(Funded by the MoE, Govt. of India)



Skill India
कौशल भारत - कुशल भारत

This certificate is awarded to

MATHAVAN R

for successfully completing the course

Stress Management

with a consolidated score of **60** %

Online Assignments	25/25	Proctored Exam	34.5/75
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Total number of candidates certified in this course: **3502**

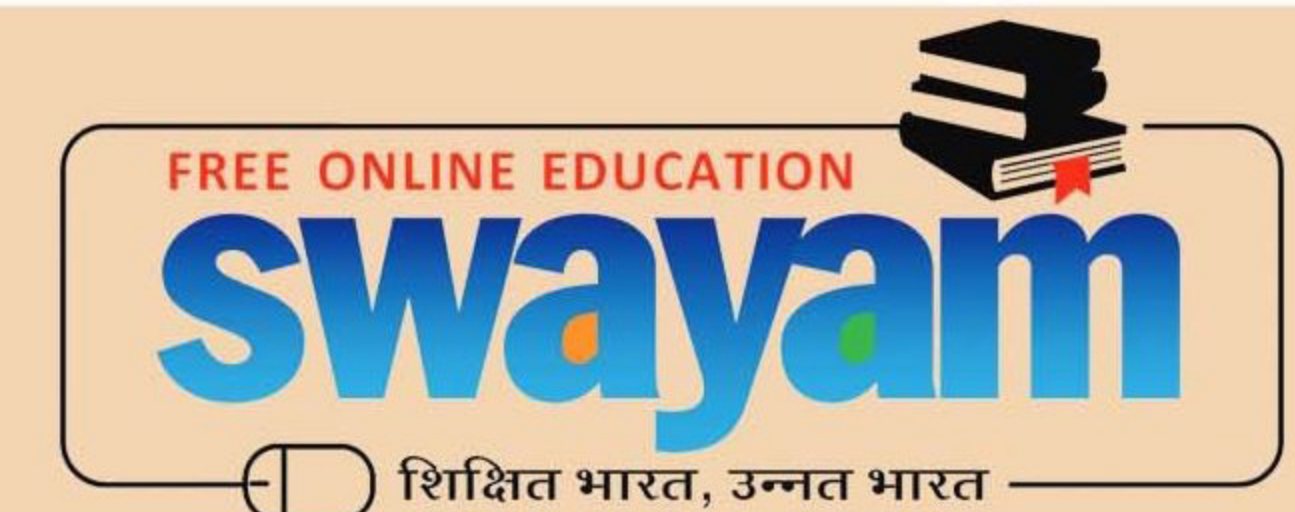
Prof. Haimanti Banerji
Coordinator, NPTEL
IIT Kharagpur

Aug-Sep 2024

(4 week course)



Indian Institute of Technology Kharagpur



Roll No: NPTEL24HS163S356306497

To verify the certificate



No. of credits recommended: 1 or 2