



Elite

NPTEL Online Certification

(Funded by the MoE, Govt. of India)



This certificate is awarded to

UPENDRA RATAVA

for successfully completing the course

Psychology of Stress, Health and Well-Being

with a consolidated score of **60** %

Online Assignments	22.75/25	Proctored Exam	37.5/75
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Total number of candidates certified in this course: **6532**

Jan-Apr 2024

(12 week course)

Prof. T. V. Bharat

Head, Centre for Educational Technology
NPTEL Coordinator, IIT Guwahati



Indian Institute of Technology Guwahati



Roll No: NPTEL24HS65S1157801019

To verify the certificate



No. of credits recommended: 3 or 4