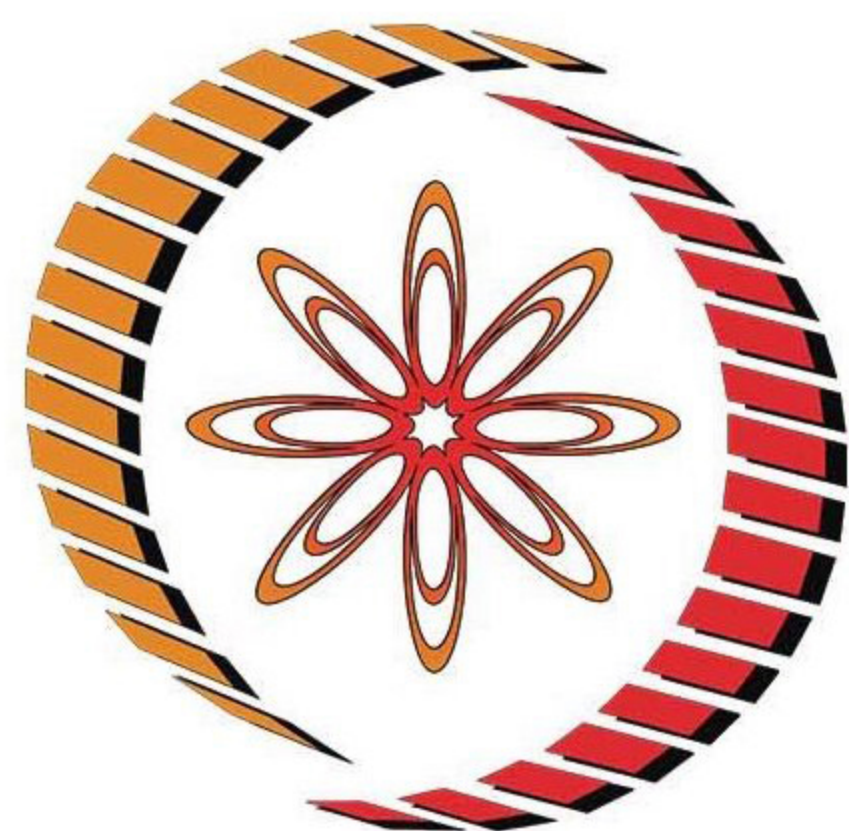




Elite

NPTEL Online Certification

(Funded by the MoE, Govt. of India)



This certificate is awarded to

ARATHY SANTHOSH

for successfully completing the course

Stress Management



with a consolidated score of **91** %

Online Assignments	25/25	Proctored Exam	66/75
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Total number of candidates certified in this course: **1763**

Aug-Sep 2023

(4 week course)

Prof. Haimanti Banerji

Coordinator, NPTEL
IIT Kharagpur



Indian Institute of Technology Kharagpur



Roll No: NPTEL23HS138S634301194

To verify the certificate



No. of credits recommended: 1 or 2